

Park Avenue

74- 76 Alexandra Road · Farnborough · Hants · GU14 6DD

ParkAvenue is part of the Park Group, established in the local community since 1986 , offering a highly respected quality service for the individual with mental health needs from the age of 18

Our personal and individualised service provides accommodation and 24 hour support encouraging the individual to lead a fulfilling life in the community. Owned and managed by Lawrence RMN and Diane Alexander BA, RMN, RGN, who have over 36 years experience in mental health, they are supported by a team of dedicated and caring staff.

Situated in the leafy borough of Farnborough, Hampshire, there are two units adjacent to each other, each providing twelve single bedrooms and a flat as accommodation. Comfortable lounges offer wide screen televisions, internet access and games consoles. An activities room, computer facilities and vegetable plot are also available for the clients' benefit. The garden is laid to lawn, with a large patio area and direct access to a local park. The area is well served by public transport, and the local village of North camp is within walking distance.

What we believe in



Our service recognises that no two individuals are the same, and a support package will be tailored to meet your individual needs.

It is important to us that you maintain your independence, are given choice, and treated with dignity and respect. This is achieved with our team of experienced, skilled and sensitive staff. We work in partnership with other professionals and services to promote a positive sense of well being for our clients.



INVESTOR IN PEOPLE

We believe in high quality care and achieved Investors in People status in 2000. We have also been accredited with the ISO 9001:2000 In February 2008.



How we can support you

Together we will assess your individual needs and wants.

We will then agree a support package which will be reviewed regularly. This may include other professionals involved in your care, such as GP's, Social workers, community psychiatric nurses or Consultants.

Our service offers support in building your confidence and self esteem by improving your physical, emotional and mental health.

We will help you develop daily living skills and positive ways of dealing with difficulties so that you are able to live more independently in the community.

How to apply for our service

Referrals can be made by you, a relative, an advocate or any health care professional such as your G.P., Consultant, Social worker or local community worker.

Please contact the manager at ParkAvenue on **01252 547862** or by **email at: parkavenue@parkgrouphomes.co.uk** and an application form will be sent to you.

You will be invited to visit us and an assessment will ensure that your needs can be met by our service. Once a decision has been made you will be informed in writing. There may be initial day visits, followed by a trial period of four weeks to provide an opportunity for you and ourselves to ensure this is the right placement. Your chosen family, friend, advocate or others are encouraged to be involved in this process.

Do you want to know more?

Please contact us on **01252 547862** and speak to Lisa Mitchell the registered manager or **email: parkavenue@parkgrouphomes.co.uk**

The Parkgroup is owned and managed by Mr & Mrs Lawrence & Diane Alexander
Tel: 01252 683520 | email: diane@parkgrouphomes.co.uk

Registration Details:

Care Quality Commission
CQC South East
Citygate
Gallowgate
Newcastle upon Tyne
NE1 4PA

Our Home, Your Home

During your stay we invite you to take an active part in the running of the Home

A Resident's Committee and monthly Resident meetings ensure the service continues to provide the best possible support to achieve your needs and wishes - and there are many other ways in which you can become involved.

We encourage you to participate in the full programme of in-house activities which are organised by the residents themselves. Examples of such activities include poetry; arts and crafts; board games; the Wii; movie nights and discos! Residents also plan the annual holiday.

We have strong links with the local community:



- Badminton, swimming, bowling and the gym at Farnborough Leisure Centre
- Courses at the Farnborough College of Technology
- Farnborough Library
- Trips to the Theatre and cinema
- Voluntary work in charity shops
- Paid work with small businesses
- Access to various day centre's and services

A fuller description is available in the Guide to Living in Farnborough which is part of your welcome pack.

As part of the rehabilitation process, we encourage you to be independent and responsible by participating in communal chores as well as your own individual tasks. You are responsible for your own personal laundry, including bed linen and towels.

A cooked meal is provided daily and support given for breakfast and your other chosen mealtime. When you are ready to cook for yourself, you will be allocated a budget and supported to plan, shop and cook your daily meal. Any daily essentials will continue to be provided by the home.

A key to your own room and the front door will be issued to you. Staff may only enter your room with your permission, or in the event of an accident, emergency or health & safety concerns. You are invited to bring your own furniture and home comforts, but all electrical appliances will need to undergo an electrical safety test before use.

Visitors are welcome, but not encouraged if this interrupts with your programme of activities. Overnight stays are not possible, however, staff will be able to suggest alternative locations.

Personal pets can only be accepted to the home with the approval of other residents and management.

The following relevant documents for your stay are enclosed in the welcome pack:



- Complaints policy & procedure
- Equal opportunities
- Health & safety
- Charter of Rights
- House Rules
- Contract of Residence
- A Guide to Living in Farnborough

Your Journey at Park Avenue



Parkgroup Of Residential Homes



Parkview Residential Home
7-10 Church Circle,
Farnborough, Hampshire,
GU14 6QH
Manager: Toni Blacker
E: parkview@parkgrouphomes.co.uk
Tel: 01252 547882/511285



Parkavenue
74-76 Alexandra Road, Farnborough,
Hampshire,
GU14 6DD
Manager: Lisa Mitchell
E: parkavenue@parkgrouphomes.co.uk
Tel: 01252 547862



Alexander's Care and Support Agency
36 Alexandra Road,
Farnborough, Hampshire,
GU14 6DA
Manager: Sarah Guilfoyle
E: acasa@parkgrouphomes.co.uk
Tel: 01252 547782



The Bill House
98 Grafton road,
Selsey, West Sussex,
PO20 0JA
Manager: Carol Belcher
E: thebillhouse@parkgrouphomes.co.uk
Tel: 01243 602567